



Waitakere City Rotary Club Bulletin

This Week's Meeting

When:	Tuesday 22 nd April 2009 5:30pm
Where:	Rex Davy Lounge, The Trusts Stadium
Guests:	
Attendance:	18/27 67%
Make Ups:	
No Shows:	Jim Brown, David Butler, Tony Scott, Ivan Yukich
Apologies:	Bob Benzie, Roger Froes, Monique Mataga, Jack Riddell, Domenic Wood
Guest Speaker:	Jenny Allen and Ed Johnson

Important Dates and Events

Sat 25 th April	Anzac Day
Mon 27 th April	School Term 2 starts
Tuesday 28th April 2009	12th Annual Don Page Golf Tournament
Wed 6 th May 2009	Soapbox Derby Thank You Night
11 th to 15 th May	Hospice Appeal Week
Wed 13 th May 2009	Fellowship night. Anyone for ice cream at the movies?
17 th June 2009	Trees for Survival – Matipo School
5 th August 2009	Trees for Survival - Te Atatu



Life Education Trust: Jenny Allen and Ed Johnson



Harold and Jenny telling us about their program



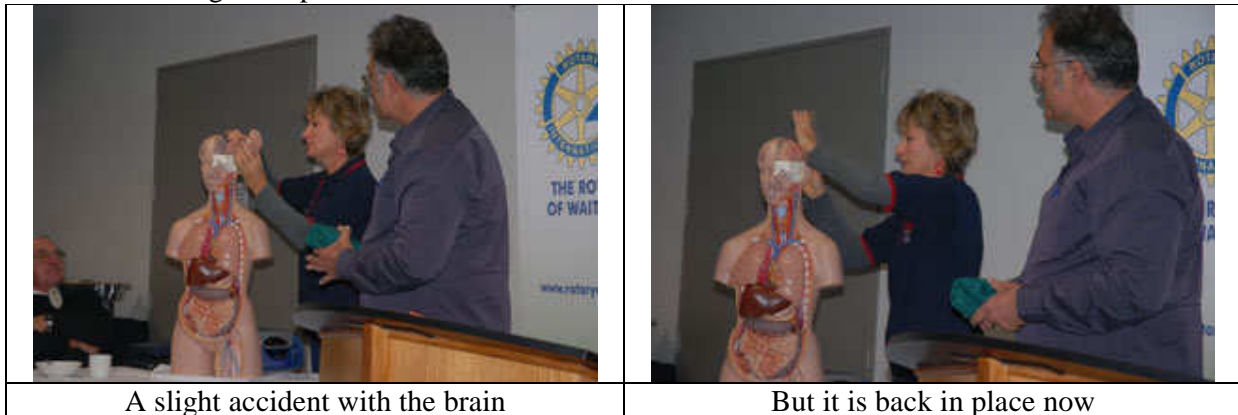
"That talking giraffe is excellent..."



...And he makes so much sense"

Ed and Jenny spoke to us about the Life Education Trust - <http://www.lifeeducation.org.nz/>

- The Life Education program was started 20 years ago by Trevor Grice
- They operate out of mobile classrooms with many high tech aids. Amongst them are:
 - o 3D technology
 - o Stars on the ceiling
 - o Scent technology
- 40 fully trained teachers operate in the 38 Trust areas
- 9,000 primary and intermediate children in West Auckland go through the program
- The mobile classrooms go to all schools either annually or every two years
- They stay on site for a week or two, depending on the size of the school, and all the children go through it during this time
- It costs \$17 per child to run the program, kids contribute \$4, the rest is fund raised
- Donations are always being sort
- There are several modules to the program that all fit within the Health Curriculum
- They cover, amongst other things:
 - o Social Relationships
 - o Self Esteem
 - o Health in general
 - o Hygiene
 - o Body Systems
 - o Food and nutrition
 - o Substance abuse
 - o Peer pressure and how to say “No”
- Younger children have 2 sessions of 45 minutes each
- Years 5 and 6 (Standard 3 and 4) have two sessions of 75 minutes each
- Years 7 and 8 have 3 sessions of 75 minutes each and have a harder hitting program including the topic of addiction.



President's Messages:

- The raffle made \$33.70. 19 x \$2 indicate some people can't actually count but for once it all came in NZ legal currency. An improvement.
- It has been suggested that we replace our current dinner plate badges with something slightly smaller – possibly a rectangle with Name, Club name and the Rotary symbol on it. Does anyone have any views on this?

Craiger on Golf:

- The Golf is next Tuesday
- It replaces our normal meeting on Wednesday
- Full attendance, with partners if possible, would be excellent please. It will be a great night away from Base and a chance to mix and mingle with our guests and sponsors.
- Meal cost is \$20
- Dress is smart casual – no tee shirts or jandals please

- There are currently 11 teams and 6 sponsors – if anyone has any last minute entries Craiger is keen to hear from you!
- Craiger and Patrick have been hard at work over the prizes and come up with a whole pile of excellent ones
- Golf starts at 12:30, a few people are required during the afternoon then dinner will be served at 6:30pm. The evening will finish at 8pm.
- All apologies to both Craiger Craiger@ihug.co.nz (who needs numbers for the caterers) and Ross Baywest.plumbing@xtra.co.nz (who needs apologies for the meal account and register)

To my fabulous, awesome, supporting fellow Rotarians.

Please call me, text me at 021 636854, email me, fax me at 836 7440, message at home 833 6854, find me driving around, (plate number “LONSTR”),
to say whether you, your partner and friends are going to the Golf venue for dinner Tuesday nite.

RSVP and apologies to Ross as usual but include me, as I need to notify Golf club.

ALSO: contact me if you are able to help on day. A few people are needed from 11:00 on, a few around noon, and a few about 4-5.

Remember the great words:

Ask not what Rotary can do for you, Ask what you can do to save Craiger’s bacon!!



Raffle time

Raffle: Winner – Alan – 3 mini bottles of local wine

Parting Thought: John Riddell.

Anzac Day is this Saturday. A time to remember

Trees for Survival:

Our club is responsible for assisting with the TREES FOR SURVIVAL program.

We assist Matipo School and Te Atatu Intermediate with planting day and are supposed to take interest in the children's activity at school. Also the Trees For Survival Coordinators ask for help to distribute seedlings and potting mix three times a year.

At present I assist with Planting days and may have other club members attend.

To my knowledge NO ONE takes interest in school activity.

Seedling and potting mix delivery this year is as follows.

Tuesday 12th May. Tuesday 16th June. Tuesday 28th July. I will be assisting with all of these deliveries.

I feel that it would be great if:

- Other members could show the Rotary Flag on planting days.
- Someone with a bit of time could take an interest in work the children put in at school.
- An able body person (needs to be able to lift a bag of potting mix) to at least know how our club assists on delivery days.

Just a thought for the day

Graham Nicholson

NorthWestNews | Thursday, April 9, 2009 | NEWS 3



Restoration adviser: David Butler speaks about his Kumeu River project in a workshop this month. Photo: RANI TIMOTI

Wading into waterway

By Rani Timoti

Returning the long and winding Kumeu River back to pristine condition is a one-step-in-the-mud-at-a-time project for local resident David Butler.

The retired architect is helping restore 90km of the banks of the waterway and coordinating volunteers and community service workers to clear scrub and weeds and eradicate pests and replant.

"If you don't get the pests under control in the beginning it's a bit of a major. Some areas of our planting were plagued by rabbits – so we needed to replant but we learned from experience," Mr Butler says.

What grew from a community concern where past problems have included flooding in the township, dying fish and erosion has so far produced 3000 native plants and trees nestled along a 200-metre stretch of the riverbank.

"Everyone I talk to reckons it's a wonderful idea," says the Waitakere City Rotary Club community director.

Mr Butler talks about the project at an Auckland Regional Council riparian zone management workshop on April 22.

The event at Taupaki hall is open to the public.

ARC environmental management chairwoman Dianne Glenn says unfortunately almost all of the land in our rural areas has been disturbed in some way by human activities, particularly by land clearance that has removed a lot of the original native bush cover.

"When native trees and bush are stripped from streams and riverbanks it can have disastrous consequences on the water quality and aquatic life. That's why restoring native vegetation is so valuable."

The Kumeu River winds 90km from Waitakere to the Kaipara Harbour.

To book for the workshop, call Joanne Walton on 366-2000 ext 8692 or email joanne.walton@arc.govt.nz.

The following article appeared in Window on Swanson last week.



Window on Swanson

Email: wos@amcltd.co.nz

Issue 48

April-May 2009

Waitakere City Rotary 2009 Soapbox Derby

By Heather Pattison



Left to right at back: Raukawa TeWhero, David Kettlewell, Dean Kouka-Smith, Anna Stewart, Joshua Macgregor-Stewart, John Stewart, Daniel Wing, Taigon Jenkins. Front left to right: Megan Bowker, Thomas Wing. Absent: Stefane Chirari

Sunday 15th March saw 72 children launching themselves down Westgate Drive in soapbox trolleys. All survived to race another day.

Fifteen schools, with eighteen trolleys between them, were involved. Waitakere City Rotary own the trolleys, sponsors pay the school entry fee and the profit from this event is returned to the

community to fund various projects. Funding recipients in the last year have included the Police Bluelight projects, Truancy Services cars, the Hospice and West Auckland Youth Projects.

Sponsors had a choice of sponsoring a car, sponsoring the barriers with advertising on them – or both. Schools were also actively encouraged to

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use the event for their own fund raising purposes and the rumour is that Swanson School sold out of sausages.

Lincoln Aluminium once again sponsored Swanson School in the car painted by Redwood Panel and Paint and this car did very well in the races.

The Police DARE team also sponsored a car, painted in police car colours, for Henderson Intermediate – although we hope our Police Force have a slightly higher turn of speed.

After a few doubts about the weather the day dawned fine and clear and racing started on time at 9am. All drivers completed two races, one in the

left lane, the second in the right. These times were then added together to pick our fastest drivers. With milliseconds between them it was a close run race but fortunately electronics, rather than people, chose the winners.

The top ten drivers then raced again in a second set of races after lunch to determine the fastest West Auckland driver. Elise Nother, a Swanson resident who attends Sunderland College was the winner – of both sets of races. Stefane Chirari from Swanson School came 3rd in the first set of races and 7th in our finals.

The ten fastest drivers competed again in the NZ finals on 4th April, held at Kaipatiki Road in Glenfield. Drivers at the NZ Finals came from the

Rotary Clubs of Waitakere City, Whangaparoa, East Auckland and North Shore.

The National Finals winner was Karan Prashar from Parnell District School who, with a parent or caregiver, will be off to the world finals of the All American Soapbox Derby in Akron, USA.

Electronic timing up to three decimal places delivered the winner, but it was very close. For example, Swanson resident Elise Nother

representing Sunderland School was placed 9th, just 0.230 seconds behind the winner.

It was a great day with a lot of fun and we would like to thank all those who took part and came to watch and support the event.

Videos of the event, including photos from Auckland Sports Photography and also a Rotary member, are available on You Tube at <http://www.youtube.com/user/Cazatina>



As all of you are aware The Trusts are our major supporters for the SBD but eagle eyed members may have noticed that they were not mentioned in the article.

This is probably one of my biggest errors this year. However there was a reason.

The Trust rules are that they support projects directly, not through third parties. However, like all rules, there are the odd exceptions. Both Rotary with the SBD, and the Lions with one of their projects, are amongst two of these exceptions.

We have therefore put Trust logos on all advertising but not mentioned them like we should have done in articles such as this.

A Swanson resident who is a member of The Trusts committee has asked that we treat them as our major sponsor in all articles in the future. We will do so – starting here.

The Soapbox Derby is our major sponsor for this event and it is thanks to them that it is the success that it is. Without The Trusts assistance with the SBD we would not be able to contribute to the community in the way we do.

**Emails:
From the District:**

**OFFICE CLOSURE
DISTRICT 9910- ADMINISTRATION**

Do not correspond with this office as from 16th of this month as it will be closed between the following dates:

Thursday 16th April at 3.30 pm to Monday 27th April at 9am

Do not send emails faxes or make phone calls.

All enquiries questions and problems should be directed to your Assistant District Governor.

Many thanks for your cooperation.

Ken

See you at Conference.

Rotary	Website
Rotary NZ	http://www.rotary.org.nz
Rotary NZ Promotions and Information District Governor's newsletter Admin page and information	www.rotary.org.nz/information.cfm?ID=1364 http://www..rotary.org.nz/newsletter.cfm?District=10 http://www.rotary.org.nz/information.cfm?ID=180
Rotary International Future Vision	http://www.rotary.org/ www.rotary.org/future vision

Meeting Times and Contact Details

Where:	Rex Davy Lounge, Lower Ground Floor at The Trusts Stadium, Central Park Drive, Henderson		Committee Members:
President / President Elect	Terry Hodges	838 3818 (home) 0274 312 374 (mob) terryh@unitedtravel.co.nz	Club Service: John Ritchie Mike Angland Terry Hodges
Secretary	Kent Favel	Ph 849 5025(home) 0273 693 972(mob) kfavel@sunderlandcollege.school.nz	Vocational: Ross Ward Bob Langlois Roger Froes Kent Favel Peter Smith
Treasurer	Peter Hatch	Ph 027 203 3148(mob) hatchp@anz.com	Community: Steve Lewins Jim Annison Bob Benzie David Butler Derek Gee Patrick Howard Monique Mataga Graham Nicholson
Sergeant	Jim Annison	837 7323(home) No mobile or email	International: Craiger Hargesheimer Peter Hatch Kerry McMillan Alan Pattison Ivan Yukich Jack Riddell
Community Director:	Steve Lewins	833 4168 (home) 021 795661 (mob) steve@lewinselectrical.co.nz	Youth: Heather Pattison John Riddell Tony Scott Domenic Wood Jim Brown
International Director:	Craiger Hargesheimer	833 6854 (home) 021 636 854 (mob) Craiger@ihug.co.nz	
Vocational Director:	Ross Ward	837 0133 (home) 0274 936 144 (mob) Baywest.plumbing@xtra.co.nz	
Youth Director / Bulletin Editor:	Heather Pattison	8109 589 (home) 0274 719 569 heather@details.co.nz	

Duty Roster and Calendar:

2009

Date	29 April	06 May	13 May
Guest Speaker	NO MEETING. GOLF 28APRIL		WESTWIND CINEMA
Grace	N/A	John Ritchie	Mike
Introduction	N/A	Tony	N/A
Thanks	N/A	Peter S	N/A
Squire	N/A	Ross	N/A
Squire	N/A	Domenic	N/A
Parting thought	N/A	Ivan	N/A

Date	20May	27 May	03 June	10 June
Guest Speaker				
Grace	Bob B	Craiger	Heather	John Riddell
Introduction	Roger	Peter H	Monique	Domenic
Thanks	David	Patrick	Alan	John Ritchie
Squire	Kent	Robert L	Jack	Peter S
Squire	Derek	Steve	Kerry	Tony
Parting thought	Jim B	Monique	Graham	Ross

Apologies:

You all know the drill:

Contact:

Ross Ward at
baywest.plumbing@xtra.co.nz or
837 0133

No later than **12 noon** on the
Monday prior to the meeting

AND: If you are bringing guests,
including family members,
please let Ross know this also.

**No shows will, of
course, be charged
for their meal!**

Late apologies are an
appreciated courtesy

lifed@waitakere@xtra.co.nz

Education for Life

Catherine

8322230



Donate

Life Education is a registered charitable Trust. Please support the mobile classroom in your community. Our secure website can take credit card donations online!

www.lifededucation.org.nz/about-us/donate
or you can send a cheque to:
Life Education Trust (NZ)
P O Box 2717, Wellington 6140

Name _____

Address (for receipt purposes) _____

Amount _____

I would like my donation to stay in my community

National Sponsors



We teach children that they're special

The Life Education Trust is taking positive steps. The programme does not necessarily work on changing children's behavior, it works on changing desires. We do this by taking children on an adventure in a mobile classroom that is equipped with sophisticated technologies to capture children's imaginations and create wow-factor.



In 2000 BC Horace said "new vessels will for long retain the taste of what is first poured into them." Our objective is to provide young people in their formative years with an awareness and understanding of their incredible body. We teach them how it functions and why the body is affected by substances that upset its delicate equilibrium. We use positive, dynamic messages conveyed nonjudgmentally to encourage children to make informed decisions about what goes into their bodies. Our 19 learning modules are often tailored to meet a school's needs. Visits can be part of a school-wide health initiative that is supported by preparation and follow-up work done by the school and information that goes to parents.

LIFE EDUCATION TRUST

Life Education mobile classrooms and Harold the giraffe are now a familiar sight to many new Zealand school children...

THERE NEVER WAS
IS NOW, OR EVER
WILL BE AGAIN
ANOTHER YOU

LIFE EDUCATION TRUST

Children face negative influences

In worst case scenarios these influences lead to personal and social problems associated with poor health, low self-esteem, and the abuse of people and substances. Never before have young New Zealanders faced so much social pressure to abuse legal and illegal substances.

OUR PHILOSOPHY

We teach children that...

They are unique and special.

There never was, is now, or ever will be again, another YOU.

Their body does amazing things

All of the body systems - digestive, circulatory, and sensory - operate on a delicate equilibrium and the body needs plenty of fresh food, oxygen and water to stay healthy.

We need to support and respect each other

Our happy existence on this planet depends on our healthy respect for one another. If I am unique, then so is the person sitting next to me. If I am special, so are my school mates. If my body systems are miraculous, then so are theirs.

Partnering with schools to teach health

Life Education is invited into schools to compliment the delivery of the health curriculum. We provide an annual programme that empowers over half of New Zealand's primary and intermediate children to make healthy choices.



Children love 'Harold'

Harold the giraffe is our personality. He's a best friend, confidant and cheeky teacher's sidekick who often shares his experience with children to demonstrate he's willing to have a go and make mistakes. He is honest, kind, humorous, active, healthy, adventurous, and he likes jokes because he's still a kid himself.

Children's responses show

that Harold has a huge impact

in reinforcing the messages of the programme.



Money that is raised in a community stays in a community

Our 37 community trusts are the cornerstone of Life Education. They are a group of community-minded people who volunteer their time to bring the programme to the children in their community. They look after the mobile classroom and employ a registered school teacher to deliver the programme. A small but dedicated team of 6 people work at the national office and support the community trusts with fundraising, programme development, education standards and other services. We are funded by businesses, individuals, and philanthropic trusts.

In 2007 our community trusts delivered the programme to over 221,000 primary and intermediate school children, with each child seeing 2 or 3 sessions in the classroom, depending on their age. We are struggling to meet demand in some areas. We need more mobile classrooms and more volunteers.



We Need You!

If you are interested in volunteering your time to help bring this dynamic programme to the children in your community call 0800 4LIFEED or 0900 454333.

