



# Waitakere City Rotary Club Bulletin

## This Week's Meeting

<b>When:</b>	Wednesday 26 <sup>th</sup> July 2009 6:00pm
<b>Where:</b>	Rex Davy Lounge, The Trust Stadium
<b>Guests:</b>	
<b>Attendance:</b>	12/25 48%
<b>Make Ups:</b>	
<b>Apologies:</b>	Mike Angland, David Butler, Monique Mataga, Graham Nicholson, John Riddell, Domenic Wood
<b>Late Apologies:</b>	Steve Lewins, Jack Riddell, John Ritchie, Peter Smith
<b>Guest Speaker:</b>	Committee Meetings

## Important Dates and Events

Sunday 30 <sup>th</sup> August	Administration Training
Monday 31 <sup>st</sup> August	<b>Joint meeting – West Harbour. Speaker Judge Blackie</b>
Wednesday 2 <sup>nd</sup> Sept	<b>Meeting CANCELLED</b>
Saturday 5 <sup>th</sup> Sept	Ross Ward – Party - RSVP to Ross (Invite in 5 <sup>th</sup> August Bulletin)
Wednesday 9 <sup>th</sup> Sept	Rotaract followed by Kerry on Motorhoming in America
Wednesday 16 <sup>th</sup> Sept	Bill Potter  <b>Bill Potter is considered by many to be the best business speaker in New Zealand. His material is always original, timely and inspiring.</b>  <i>See below for details</i>
Wednesday 23 <sup>rd</sup> Sept	Jim Hainey, Auckland Central Rotarian: "Humour in business"
Wednesday 30 <sup>th</sup> Sept	Fellowship night



### Next week:

**Date:** Monday 31<sup>st</sup> August  
**Time:** 6.30pm for drink & chat with dinner at 7.00pm  
**Venue:** The Brigham, 164 Brigham Creek Road, Whenuapai  
 (About 500meters from liquor shop at cnr Hobsonville Rd & Brigham creek Rd)  
**Speaker:** Judge Blackie

### Committee Meetings:

After dinner the committees divided into groups and spent the remainder of the night discussing plans and projects. As we will be elsewhere next week the Directors will report back to the Club at our meeting in a fortnight.



Patrick, Kent and Bob at work on Youth and Community affairs



Kerry, Craiger and Alan discussing International plans

### **Forthcoming speakers:**

Bob has been hard at work contacting some excellent speakers on our behalf. It would be absolutely fantastic if we can get a full turn out to hear them.

We welcome partners, family, stray Rotarians doing a make up and other guests from our community.

Just contact Ross (by 12-noon Monday) prior to the meeting so that the caterers can provide enough food!

### **Coming up:**

#### **Bill Potter**

16<sup>th</sup> September 2009

**Bill Potter is considered by many to be the best business speaker in New Zealand. His material is always original, timely and inspiring.**

Bill Potter has been described as "Different, Irreverent, Insightful, Interactive and Funny" and that was by his kindergarten teacher! And Bill is all of those things and more.

Just to give you some idea of what we mean Bill spent the first 3 years of his life as a POW. In July 2009 he refereed his 1,069th rugby game. He has travelled to 57 countries spreading his maverick message to go-getters looking for "difference."

One CEO put it this way in describing Bill;

**"He is amazing! His ideas are so good that we changed the way we did business next day. And we loved his humour"**

Bill's mantra is simple... **"I CAN UNTIL I CAN'T!"**

For more info: <http://www.speakers.co.nz/billpotter.html>



### **Ken Ring:**

*I emailed Ken thanking him for attending and enclosing a copy of our bulletin. His reply follows*

Hi Heather

Thanks for the write-up. Just an erratum: weather repeats every 18-20 and 36-38 years, not every 50.

Cheers

Ken

*Bulletin Editor: Oops. My mistake. Enjoying myself too much to take proper notes!*

### **Board News:**

#### **Accounts:**

Peter Hatch having left Alan Pattison offered to take over the Treasurer role with help from the Secretary.

There is a minor problem with this:

- Our cheques require two signatures. Normally the Treasurer and Secretary are two of these signatories.
- Our Charitable Trust calls for three Trustees – The President, Secretary and Treasurer. Having a husband and wife filling two of these roles therefore isn't a particularly good idea.


For the next month we shall trial the following:

Alan will fill the treasurer's role, update the records and hold the chequebooks but he will not have signing authority on them, and Craiger will assume the role of Treasurer on the Trust. At the end of the month we assess how it is going and make a formal decision on whether this is working and should continue.

We have now lodged a new mandate with the bank. The signatories on all our accounts, including the SBD ones, are:

- Terry Hodges
- Craiger Hargesheimer
- Heather Pattison
- Ross Ward

Ross holds the meal account chequebook, Alan all of the others.

	<p>The Board are insisting on the following:</p> <ul style="list-style-type: none"><li>• All spending must be pre-approved by the Board</li><li>• All projects must have pre-approved budgets</li><li>• Cheques will only be written once the spending authorization form has been filled in with appropriate signatures</li></ul> <p>Failure to comply with this may mean emptying your own pockets!</p>
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**Raffle Winner:** Alan

**Parting Thought:** Craiger: "A good time to keep your mouth shut is when you are in deep water"

**Rotary Four Way Test:**

Of the things we think, say or do:

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

**Bluelight:**

Bluelight held a planning meeting on 25<sup>th</sup> August to sort out their activities for the next year.

- Their last disco brought fantastic feedback from the school involved and
- A policeman who regularly visits schools said that thanks to their BBQs and Discos he is getting a better response from the kids as he is now seen as one of the good guys. Recently, due to the kids talking to him, he was able to track down a stolen bicycle.

The feeling is that due to time constraints by the bosses the activities that they are currently involved in create a full program.

- Discos in Primary Schools – 12 per year
- BBQs in High Schools – 6 per year during summer months
- Camps – one per year in April
- Camp follow up (weekend stay in Police bachs) – one per year in Sept
- Bluelight Rainbows End day in Sept
- PCT challenge in Sept – Teams from primary schools do the Police Competency Test in Sept.

They are also keen to be involved in the Soapbox Derby in some way. My suggestions are:

- If they have one or two people good at herding cats – we could do with help at the start line.
- Have the Police Recruitment team run a sponsor tent
- Clock the kids with a speed camera
- A Keystone Cops type arrest on the track during the lunch hour
- General mingling with the kids and crowds rather than active police work.



### Dragon's Den

It is quite interesting the good things our Rotarians are doing... and forgetting to tell us about. This one came to light in the Dragon Den's accounts:

On 18<sup>th</sup> May three dragons, Chad Wilkie, John Wadsworth and Peter Smith, met with 7 teams from Lynfield College to assess their business plans under the Waitakere Enterprise YES scheme.

4 teams had their plans accepted. 2 of the teams have since pulled out (and the venture capital cheques returned) but 2 are proceeding.

1. DIYTie: Tie-died T shirts and singlets.

The dragons agreed to invest \$500 at a return of 20% in this venture, i.e. \$600 repayable when the second production round is sold by 31 August

2. UVTees: Splatter painted tee T shirt

The Dragons agreed to invest \$200 at a return of 20%, i.e. \$240 repayable after the sale of 40 T shirts, or no later than 31 October

A third team asked for help rather than money:

Apex: T shirts printed with funny text, and wrist bands.

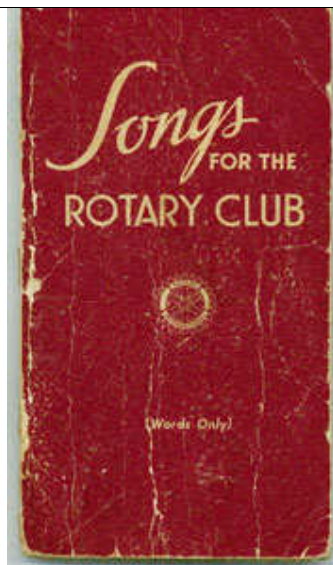
This team pitched for expertise to help with the project. The Dragons have therefore agreed to provide access to a WE Brand and Marketing expert. The Dragons also suggested a Tui Billboards approach for generating text for the T Shirts and securing customer buy-in

### Gems from the Archives:

When we moved earlier in the year from the 1<sup>st</sup> floor with big cupboards, to the lower ground floor with a small cupboard, a number of items from the old cupboard – minutes, bulletins, photos, banners etc - ended up in our storeroom at home until some shelving is built in Kerry's storeroom.

With our 40<sup>th</sup> birthday coming up next year I figured I should reorder the plastic bags, cardboard boxes, piles of paper etc into some spare file boxes so we can find things. Also, as Alan and Craig are beginning to talk about shelving a spot of reorganization is required.

A few gems have come to light including the following:



The Seventeenth Annual Report, 1977, for Henderson Rotary (why Henderson?)

A random flip through it came up with the following:

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*Song Leader's Report – Allan Steele*

I believe the Fellows find a definite time to relax during a period of singing.

This could be improved by a collection of some forty songs being duplicated, and stapled together, to provide a simple song sheet; it is important that there is enough of these sheets for each Fellow, my suggestion 100 copies.

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Shall we let Henderson know that we have an official Rotary songbook and challenge them to a songfest? Or how about we reintroduce singing at our Rotary meetings???

## RSVPS for West Harbour Meeting:

I have been asked why, after lecturing everyone last week on the subject of "Apologies to Ross only please", I am asking for the RSVPs for this.

The answer has to do with accurate numbers. Whilst we always ask for apologies quite simply we don't always get them.

When it is a special function, particularly one that may include more partners than usual or other Clubs – Partner's night, Fellowship, Changeover, joining another Club for dinner, Christmas function - then Bob calls for some ~~sucker~~ volunteer to do the ring around. It is a time consuming job so rather unfair to land it on Ross each time.

Apologies and the completed list go to Ross so that he can update the attendance register and meal account.

### **So the general rule is: Apologies to Ross**

**The only exception to this is when requested to do otherwise for a special function or if Ross is away.**

*Are there any volunteers out there for the next one?*

### **West Harbour Meeting - 31st August 2009**

Number Attending: 15

Mike Angland	1
Jim Annison	Apology
Bob Benzie	1
Jim Brown	Apology
David Butler	Apology
Kent Favel	1
Roger Froes	Apology
Derek Gee	1
Craig Hargesheimer	1
Terry Hodges	Apology
Patrick Howard	1
Steve Lewins	Apology
Monique Mataga	Apology
Kerry McMillan	1
Graham Nicholson	Apology
Alan Pattison	1
Heather Pattison	1
Jack Riddell	2
John Riddell	1
John Ritchie	1
Tony Scott	No Contact
Peter Smith	2
Ross Ward	Apology
Domenic Wood	Apology
Ivan Yukich	No Contact

If there are any alterations to the above please contact Heather **urgently!**

# Hospice makes good use of syringe drivers

By Luke Parker

A syringe driver helped make the last two weeks of Desmond Heavey's life a little more comfortable.

The expensive pieces of equipment are used to deliver medication through a tube and needle into fatty tissue.

Having one made it possible for Raewyn Heavey to keep her husband of 45 years home in the last stages of his illness.

"I was able to give him the morphine when required along with the anti-nausea medication rather than having to wait for a palliative care nurse to come out," she says.

"If he didn't have the driver, we would have had to put him into a private hospital to be cared for which would have meant we wouldn't have seen him as much."

Desmond, 66, was diagnosed with prostate and secondary bone cancer five years ago and died on August 6 after being under the care of the west Auckland Hospice since June 2007.

The hospice just received \$10,000 from the Waitakere City Rotary Club to help re-

place its 14 syringe drivers, worth around \$2500 each.

Hospice nursing team leader Peter Logan says the syringes are filled by nurses and pharmacists and set up for use by family members at home.

"It is a great machine particularly for controlling pain, nausea and some sedation if required," Mr Logan says.

He says the drivers give families a sense of independence in caring for their loved ones.

"They would be our number one piece of equipment. They are vital. We couldn't offer the same service for terminal patients as we do now if we didn't have them."

Rotary president Terry Hodges says the money it raises goes back into worthwhile projects within the Waitakere community.

"We identified hospice several years ago as something we wanted to get behind and it's now one of our key projects," Mr Hodges says. "It is a genuine cause and we are really passionate about it."

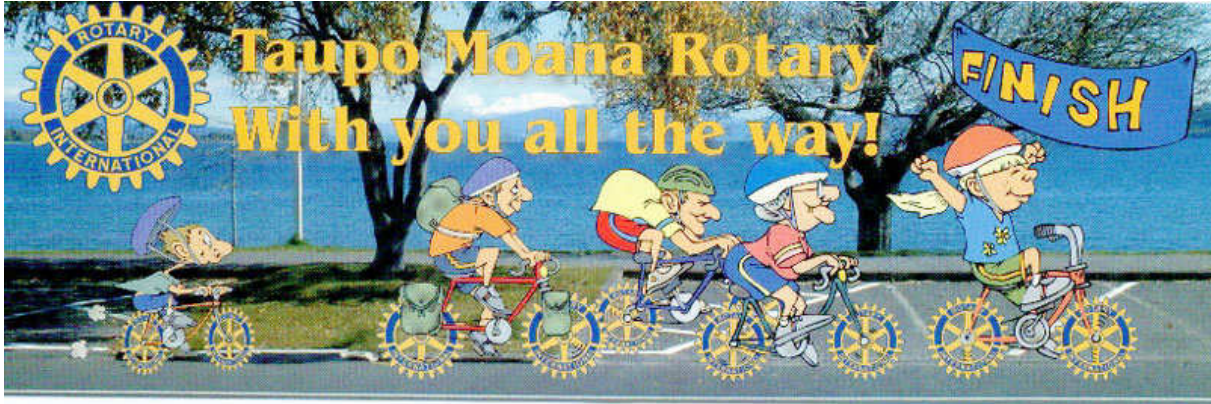
He says the funds were raised through the Soapbox Derby at Westgate in March and a charity golf tournament in Swanson in May.

**Anyone fancy a get fit cycle ride around Lake Taupo?**

Ross, one of the babies of the Club judging by his forthcoming birthday, has been saying how fit he has felt lately. How about a team of under-50's from Waitakere City led by Ross? Go on, dare yah...

(And if anyone does take up the challenge Alan and I will be happy to be there with our motor home, deck chairs, glasses of wine and camera to cheer you on)

Details below:



**RELAY (40km)  
BEGINNERS 12 WEEK  
TRAINING PROGRAMME**

Week	Weekend Date	Weekend Long Ride all long & slow (LSD)	Midweek Ride at least one	Terrain & Speed for midweek rides
1	September 12	4 km	2 km	Flat & slow
2	September 19	8 km	4 km	Flat & slow
3	September 26	12 km	6 km	Flat & slow
4	October 3	16 km	8 km	Some hills
5	October 10	20 km	10 km	Some hills
6	October 17	24 km	12 km	Flat & increased speed
7	October 24	28 km	14 km	Some hills & speed
8	October 31	32 km	16 km	Some hills & speed
9	November 7	36 km	18 km	Some hills & speed
10	November 14	40 km	20 km	Timed ride
11	November 21	20 km	10 km	Easy ride
12	November 28	<b>EVENT DAY!</b>	40 km	



*"Come on guys and gals - the challenge was thrown at 'four old rusty DG's' last year and we conquered. We enjoyed the challenge so much we will be back again - so I am told! How about coming and joining us? We will always be first timers - willing to share and have a good laugh! All in the spirit of Rotary."*

Geoff Mathis PDG 9930



## ROTARY RELAY

Saturday 28th November 2009

The Wattyl Lake Taupo Cycle Challenge is proudly organised by the Taupo Moana Rotary Club and any proceeds from the event are returned to the local community.

The Wattyl Lake Taupo Cycle Challenge is New Zealand's premier cycling event. We invite all Rotarians to "Get On Your Bikes" and join us on the Rotary Relay. 39 teams came last year. It's simple to get a team of four together (one can be non-Rotarian) and each ride a 40km leg. Up for grabs is a \$1000 project prize to the fastest, oldest Rotary team!

*If you haven't ridden since school days (and many of our Rotarians haven't) beg, borrow or buy a bike and get pedalling. We have a new beginners pack, contact: [trainerwheels@cyclechallenge.com](mailto:trainerwheels@cyclechallenge.com). It's free and informative. We will post out on request.*

Enquiries to Event Director Keith Crate (Taupo Moana Rotary Club)  
021 292 3847 [Keith@cyclechallenge.com](mailto:Keith@cyclechallenge.com)

### ENTRY HAS TWO PROCESSES

1. Enter event on line - [www.cyclechallenge.com](http://www.cyclechallenge.com)
2. Post Rotary entry in envelope provided



WATTYL

Proudly organised by:





<b>Meeting Times and Contact Details</b>		
<b>Where:</b>	Rex Davy Lounge, Lower Ground Floor at The Trusts Stadium, Central Park Drive, Henderson	
<b>Sergeant</b>	Derek Gee	412 7904 (home); 0274 120381
<b>Board Members</b>		
<b>President</b>	Terry Hodges	0274 312 374 (mob) <a href="mailto:terryh@unitedtravel.co.nz">terryh@unitedtravel.co.nz</a>
<b>Vice President</b>	Derek Gee	412 7904 (home); 0274 120381
<b>Secretary / Bulletin Editor</b>	Heather Pattison	8109 589 (home); 0274 719 569 <a href="mailto:heather@details.co.nz">heather@details.co.nz</a>
<b>Treasurer</b>		
<b>President Nominee / International Director:</b>	Craiger Hargesheimer	833 6854 (home); 021 636 854 (mob) <a href="mailto:Craiger@ihug.co.nz">Craiger@ihug.co.nz</a>
<b>Club Service:</b>	Patrick Howard	412 7933 (home); 027 4838383 (mobile) <a href="mailto:Patrick@thewebco.co.nz">Patrick@thewebco.co.nz</a>
<b>Community Director:</b>	Steve Lewins	833 4168 (home); 021 795661 (mob) <a href="mailto:steve@lewinselectrical.co.nz">steve@lewinselectrical.co.nz</a>
<b>Vocational Director:</b>	Ross Ward	837 0133 (home); 0274 936 144 (mob) <a href="mailto:Baywest.plumbing@xtra.co.nz">Baywest.plumbing@xtra.co.nz</a>
<b>Youth Director</b>	Kent Favel	Ph 849 5025(home); 0273 693 972(mob) <a href="mailto:kfavel@sunderlandcollege.school.nz">kfavel@sunderlandcollege.school.nz</a>
<b>Apologies</b>		
<p style="text-align: center;"><b>Apologies:</b></p> <p style="text-align: center;"><b>Contact:</b> Ross Ward at <a href="mailto:baywest.plumbing@xtra.co.nz">baywest.plumbing@xtra.co.nz</a> or 837 0133</p> <p style="text-align: center;">No later than <b>12 noon</b> on the <b>Monday</b> prior to the meeting</p>		<p style="text-align: center;"><b>Late Apologies and No shows will, of course, be charged for their meal as it has been booked and paid for!</b></p> <p style="text-align: center;"><b>AND:</b> If you are bringing guests, including family members, please let Ross know this also.</p> <p style="text-align: center;">Late apologies are an appreciated courtesy</p>
<b>Duty Roster</b>		
To be updated in the next week		
<b>Rotary</b>	<b>Website</b>	
<b>Waitakere City Rotary</b>	<a href="http://www.rotarywaitakere.org.nz/">http://www.rotarywaitakere.org.nz/</a>	
Rotary NZ	<a href="http://www.rotary.org.nz">http://www.rotary.org.nz</a>	
Rotary NZ Promotions and Information	<a href="http://www.rotary.org.nz/information.cfm?ID=1364">www.rotary.org.nz/information.cfm?ID=1364</a>	
District Governor's newsletter	<a href="http://www..rotary.org.nz/newsletter.cfm?District=10">http://www..rotary.org.nz/newsletter.cfm?District=10</a>	
Admin page and information	<a href="http://www.rotary.org.nz/information.cfm?ID=180">http://www.rotary.org.nz/information.cfm?ID=180</a>	
Rotary International	<a href="http://www.rotary.org/">http://www.rotary.org/</a>	
Future Vision	<a href="http://www.rotary.org/future_vision">www.rotary.org/future_vision</a>	
Rotary E Club (for make ups)	<a href="http://www.rotaryclubone.org/">http://www.rotaryclubone.org/</a>	