

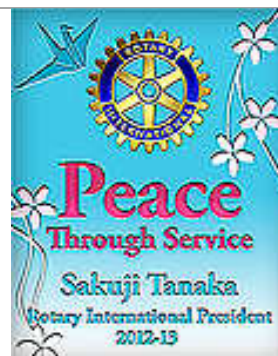
# WAITAKERE ROTARY CLUB

MAKING A DIFFERENCE IN OUR WORLD

**Venue:** Starling Park Sports Club  
34 Glen Road  
Ranui

**Time:** 5:45pm for 6:10pm

**Address:** PO Box 104 017, Lincoln North, Auckland, 0654  
[www.rotarywaitakere.org.nz](http://www.rotarywaitakere.org.nz) or [www.soapboxderby.co.nz](http://www.soapboxderby.co.nz)



## Bulletin 43 Issue 38 – 12<sup>th</sup> June 2013

## Calendar

### JUNE: ROTARY FELLOWSHIP MONTH

|                      |  |
|----------------------|--|
| <b>NEXT MEETING:</b> | <b>Wednesday 19<sup>th</sup> June</b>  |
| Venue:               | <b>Girl Guide Hall<br/>Roby Street, Te Atatu Peninsula</b>                                 |
| Speaker:             | <b>West Auckland Girl Guide Co-ordinator Jen Triggs &amp; Community Garden Matt Harper</b> |

### THIS WEEK: RYLA



Tonight's speaker was Shatil Adib Ahmed, a student who we sponsored to RYLA earlier this year.

Shatil explained that it was thanks to a suggestion by his uncle Ershad and encouragement from his mother Saida that he applied to go, and now credits RYLA with being "one of the greatest times of my life."

Shatil explained that the RYLA programme worked though the twelve 'Key Emotional Intelligence Competencies' from Daniel Goleman's book 'Emotional Intelligence.'

He explained that the most important competency was 'empathy' (reading the feelings of others) and that this was an essential attribute for growth as a leader.

He also described the impact of an 'Amygdala Hijack' – where one's reptilian brain (interested only in survival) takes over in stressful situations, making it impossible for the prefrontal cortex to do any rational thinking. .... think flight or fight reactions!

Attending RYLA obviously had a tremendous impact on Shatil and having met Rotoract President Thomas there, there's every chance we'll see him at some time in the future at a local Rotoract event, where he can put all his new found knowledge and understanding to good use!

<Thank you to Sheena for the above report>

### June - Rotary Fellowship Month

**19/6/13**  
**Roby Street Girl Guide Hall visit:**

Guides: Jen Triggs

Community Garden: Matt Harper

**26/6/13**  
**Changeover ☺**

*Sat 29/6/13*  
*10:30am to 1pm*  
*Massey Birdwood Hall*  
*"Paint NZ Beautiful" launch*

### July – New Rotary Officers begin their year of service

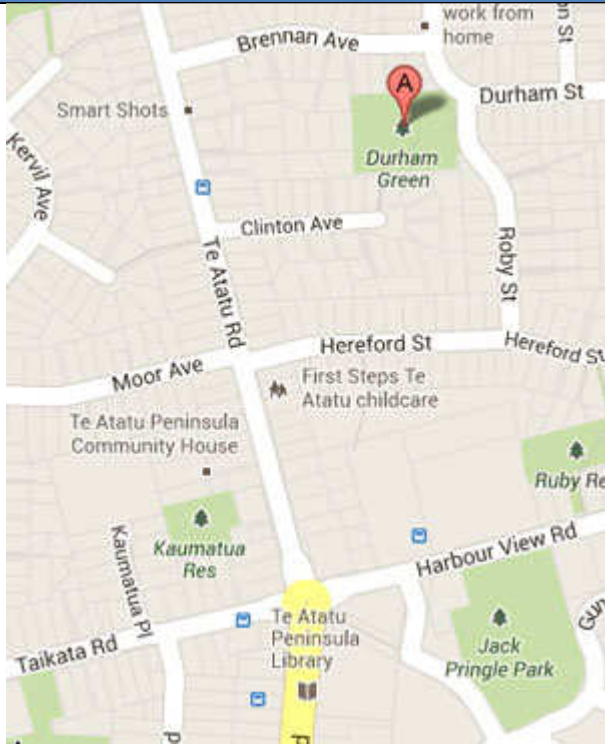
**3/7/13**  
**Rotary Projects Night**

### ROTARY 4 WAY TEST

Of the things we think, say or do:

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

## NEXT WEEK



|         |   |
|---------|---|
| Where:  | Girl Guide Hall<br>Durham Green<br>Roby Street<br>Te Atatu Peninsula  |
| What:   | An opportunity to see the work a few of our Rotarians did – and the before (photos) and after difference.<br><br>Matt Harper will also give us an update on the Massey community garden |
| Time:   | 5:45pm for 6:10pm   |
| Dinner: | Take out roast dinner with free drinks  |
| Cost:   | Usual cost for Rotarians but guests are free  |
| RSVP:   | As usual we will expect you there unless we receive an apology but please notify us re guests for catering purposes.  |

## ROTARACT

Graham told me he'd been invited to attend Monday's Rotaract meeting with his Grand-Niece. Afterwards he sent the following:

Hi Heather,

Yep attended a very interesting meeting last night. Great to see some go get it young people trying to help the community.

May get some help on tree planting days. They were interested in Vanuatu so suggested they contacted Kerry or Craiger to get correct information.

Yours

Graham N.

## AND ON THE SUBJECT OF ROTARACT...

Bob tells us that officially one or more Rotarians should attend each of the meetings. If YOU would like to attend one, see Bob

## DISTRICT CHANGEOVER

When: Sunday 7<sup>th</sup> July 11am

Where: Westlake Girls High School

Details in last week's bulletin

Can those who are planning on going please contact Sheena – she is interested in car pooling.



*The President & President Elect Warmly  
Invite*

**Waitakere Rotary Members & Partners**

**To celebrate Waitakere Rotary's Annual Changeover**

**Wednesday 26<sup>th</sup> June 2013**

Please come and join us to re-live the memories of this Rotary year's Service and Fellowship & celebrate the opportunities that the future holds.

**Venue: Soljans Winery & Function Centre –  
366 State Highway 16, Kumeu**

**MID WINTER CELEBRATION**

**Arrive:** 6.30pm for pre dinner drinks and fellowship

**Official Welcome:** 7.00pm – Dinner - a few speeches,  
memories and movies

**Dress:** Gentlemen - a suit, Ladies – after 5

**Cost:** \$40.00 per person

**Cash Bar available**

**RSVP by Wednesday 19th June.**

**Bob Benzie – 021 434 611 or [bob\\_suebenzie@clear.net.nz](mailto:bob_suebenzie@clear.net.nz)**

**PLEASE RSVP TO AVOID DISAPPOINTMENT**

**A ROTARY CLUB OF WAITAKERE FELLOWSHIP EVENT**

In February we were approached by the NZ Council for Sailing to assist a competitor who wished to compete in Japan. The Board donated \$200 towards the cause from the Community budget. The following appeared in this week's Western Leader:

# Blind sailor comes home with medal

By KELLY DENNETT

A foray into the world of blind sailing has been successful for one Henderson resident.

David Parker, 58, returned from his first time at the Blind Sailing International Championships in Japan with a silver medal and a second overall placing in his division.

Mr Parker was diagnosed with pseudoxanthoma elasticum six years ago which causes the mineralisation of elastic tissue, affecting the central vision of the eye.

A keen sailor for most of

his life, losing his vision cut short Mr Parker's career as a commercial cruise ship operator in the Fiordlands.

After moving to Auckland four years ago and becoming a member of the Royal New Zealand Foundation of the Blind he discovered the blind sailing group.

Mr Parker travelled to Seabornia with fellow PXE sufferer David Hallerton and sighted crew members Terry Valder and Michael Cox in June.

The four competed in the B2 division of the competition which saw 19 teams from Canada, Great Britain,

Australia, Japan and New Zealand compete across three divisions based on levels of blindness.

Despite the obvious challenges involved in the competition and a day of compulsory abandonment for poor weather, Mr Parker says being blind encourages other senses.

"The advantages come down to following orders more completely. You don't let your sight affect what you're doing so you might be more accurate in your work because you're more focused and less distracted."



Although disappointed

with not winning gold the team is pleased with the result and hopes to compete at the Paralympics one day.

"The goal is definitely to get there by 2020. We had a few people pull out of our crew so we had to have a quick move around of the teams so we did better than expected but it's always good to be a gold winner. We had to settle for second which is still an amazing feat."

**Silver sailing:** David Parker and his three team-mates bring home silver at the Blind Sailing International Championships in Japan.



|   |                      |   |   |
|---|----------------------|---|---|
| <b>PARTING THOUGHT</b>  |                      | Domenic: A joke that kept us entertained  |   |
| <b>RAFFLE WINNER</b>  |                      | <b>STATISTICS</b>   | <b>RAFFLE</b>   |
| Saida   |                      | H, T, T   | \$29  |
| <b>DONATIONS</b>  |                      |   |   |
| \$34.20   |                      |   |   |
| <b>APOLOGIES:</b>   |                      |   |   |
| <a href="mailto:apology@details.co.nz">apology@details.co.nz</a> or ph 8109 589 no later than <b>5pm on the Monday</b> prior to the meeting. Late Apologies and No shows will, of course, be charged for their meal as it has been booked and paid for! |                      |   |   |
| <b>BOARD MEMBERS</b>  |                      | <b>ATTENDANCE</b>   |   |
| President   | Heather Pattison     | Present:  | Mike A, Bob B, Linda C, Roger F, Derek G, Craiger H, Patrick H, Kerry M, Heather P, Jack R, John R, Sheena S, Domenic W |
| Vice President  | Derek Gee            | Apologies:  | Jim A <flu>, Phyllis A, David B, Terry H, Mark M, Graham N, Alan P <flu>  |
| Secretary   | Sheena Spittles      | Late Apologies:   |   |
| President Elect   | Sheena Spittles      | Missing in Action:  |   |
| Treasurer   | Alan Pattison        | Make ups:   |   |
| Club Service Director   | Bob Benzie           | Guests:   | Shatil <speaker>, Saida Parvin, Dr Ershad Ali   |
| Community Director  | Phyllis Anscombe     | Leave:  | Monique M, Peter S  |
| International Director  | Craiger Hargesheimer | Attendance:   | 13/22 59%   |
| Vocational Director   | John Riddell         |   |   |
| Youth Director  | Patrick Howard       |   |   |
| <b>NEXT WEEK'S MEETING DUTIES</b>   |                      | <b>WEBSITE ADDRESSES</b>  |   |
| Meeting Manager   | Derek                | Waitakere Rotary<br><a href="http://www.rotarywaitakere.org.nz/">http://www.rotarywaitakere.org.nz/</a><br>Rotary International<br><a href="http://www.rotary.org/">http://www.rotary.org/</a><br>Rotary NZ<br><a href="http://www.rotary.org.nz">http://www.rotary.org.nz</a>                  |   |
| Sunshine Manager  | Craiger              | District Governor's newsletter<br><a href="http://www.rotarysouthpacific.org/newsletter.cfm?District=10">http://www.rotarysouthpacific.org/newsletter.cfm?District=10</a>   |   |
| Speaker   | Jen, Matt            | Rotary Downunder Magazine<br><a href="http://www.rotarydownunder.com.au">www.rotarydownunder.com.au</a>   |   |
| Greeters  | Heather              | Rotary NZ Promotions and Information<br><a href="http://www.rotary.org.nz/information.cfm?ID=1364">www.rotary.org.nz/information.cfm?ID=1364</a><br>Admin page and information<br><a href="http://www.rotary.org.nz/information.cfm?ID=180">http://www.rotary.org.nz/information.cfm?ID=180</a> |   |
| Grace   | Kerry                | Future Vision<br><a href="http://www.rotary.org/future_vision">www.rotary.org/future_vision</a><br>Rotary E Club (for make ups)<br><a href="http://www.rotaryclubone.org/">http://www.rotaryclubone.org/</a>  |   |
| Squire 1  | Domenic              | Dare West<br><a href="http://darewest.org.nz/">http://darewest.org.nz/</a>  |   |
| Squire 2  | Roger                |   |   |
| Thanker   | John                 |   |   |
| Parting Thought   | Phyllis              |   |   |
|    |                      |   |   |
| <b>COUSIN GEORGE:</b>   |                      |   |   |
|  <b>I'm not bossy... I just Know what you Should be doing.</b>  |                      |   |   |
| <b>BULLETIN &amp; WEBSITE EDITOR</b>  |                      | <b>PROGRAMME COORDINATOR</b>  |   |
| Heather Pattison:<br><a href="mailto:rotarywaitak@rotarywaitakere.org.nz">rotarywaitak@rotarywaitakere.org.nz</a><br>or phone (09)810 9589  |                      | Linda Cooper  |   |