

# WAITAKERE ROTARY CLUB

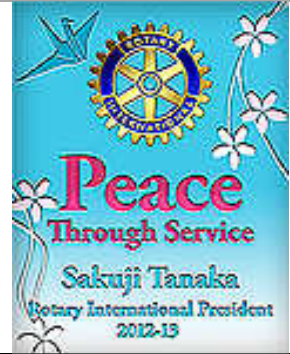
MAKING A DIFFERENCE IN OUR WORLD

**Venue:** Starling Park Sports Club  
34 Glen Road  
Ranui

**Time:** 5:45pm for 6:10pm

**Address:** PO Box 104 017, Lincoln North, Auckland, 0654

[www.rotarywaitakere.org.nz](http://www.rotarywaitakere.org.nz) or [www.soapboxderby.co.nz](http://www.soapboxderby.co.nz)



## AUGUST: MEMBERSHIP AND EXTENSION MONTH

<b>NEXT MEETING:</b>	<b>Wed 29<sup>th</sup> August 2012</b>
Venue:	Westwind Theatre 177 Riversdale Road, Avondale
Speaker:	<b>Movie: "The Best Exotic Marigold Hotel"</b>

**BULLETIN 43 ISSUE 8**  
**22<sup>ND</sup> AUGUST 2012**

### CALENDAR

**August: Membership & Extension Month**

**29/8/12**  
**Fellowship Night – Movies**

**September: New Generations Month**

**5/9/12**  
**Rotary Projects**

*10/9/12*  
*Board Meeting*

**12/09/2012**  
**Marie Duhamel**  
**Orap School, Vanuatu Project**

**19/9/12**  
**Fellowship Night - Transylvanian Mini Golf**

**26/9/12**  
**Alex Hawea - Village Trust, past RYLA**

**"Shake Out" - New Zealand's largest ever Earthquake Drill**

### ROTARY 4 WAY TEST

Of the things we think, say or do:

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

## THIS WEEK: JULES MOORE



Our guest speaker tonight was Jules Moore, a herbalist, Landscape Gardener and latter day builder!

She came to talk about the plants, herbs and 'super foods' she grows and uses medicinally.

Jules has had a passion for growing things since she was aged ten, living in Taranaki, and began propagating plants from her mother's garden for sale.

She now has her own 'Edible Garden' business, is the author of a book on edible gardening, and has her own web sites:

<http://www.ediblegardens.co.nz/>

<http://www.landscape designer.co.nz/>

<http://www.plantetearth.co.nz/>



Jules explained that people grow plants to eat for three main reasons:

- The 'cost factor'
- Satisfaction – when we engage our innate 'hunter-gatherer' genes our bodies release endorphins, putting us into a 'healing state'.
- The 'healing qualities' of the foods we can grow to eat.

She shared with us some plants which are classed as 'Super Foods' including those suitable for making into 'smoothies' and others for making into teas. The powders she uses are generally to supplement the fresh plants she grows, or to add an extra 'boost' to smoothies.

We then had some expert 'smoothie makers' in the form of Patrick and Bob demonstrate just how easy it is to make a nutritious drink based on freshly made almond milk – we tasted a fruit smoothie, a vege smoothie, and a 'chocolate smoothie' made from organic cacao powder..... delicious!



The helpers – Bob and Patrick



"This could be a lemon"



Whatever you think this is you are probably wrong.  
The answer is almond milk – the base of the smoothies



Hemp powder <????>



Derek, Gabriel and Heather listening with interest



Joy and Sheena



Plants



Plants and powders



Matt Harper from the Community Garden

Matt then spoke to us about the Jaedwyn Community Garden which he continues to work hard at. He is trying to involve more of the local community and to that end is planning to 'Re-Open' the garden in October.

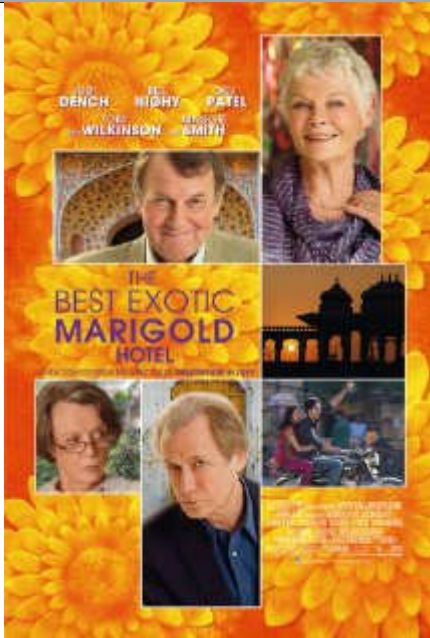
He has secured sponsorship from Bunnings who have donated ten 'Starter Packs' for community members to start growing seeds, with the hope that they will then return to plant the seedlings in the gardens. He also plans a 'Children's Day' where local children can help paint some more murals (which have proved effective in reducing graffiti), or make Bird Feeders to take home. He is hoping Rotary can assist with a working bee to help tidy up the gardens before the Opening Day.

Matt asked Jules if she can provide some inspiration and direction for the Community Garden, and she expressed an interest in helping with some seedling too ... they'll make a formidable combination!! (Phyllis also explained that Matt has been nominated for an award in the the NZ Gardener Magazine.)

## MOVIE NIGHT: 29<sup>TH</sup> JULY

Last month we had a movie night but the planned movie suffered a shipping delay. It is here and we can now show it.

Date:	Wednesday 29 <sup>th</sup> July 2012
Time:	6pm
Dinner and a Movie:	<b>The Best Exotic Marigold Hotel (2011)</b>
Venue:	Westwind Theatre 177 Riversdale Road, Avondale
Cost:	\$25 per person Includes roast beef dinner, an ice cream in a cone and the movie
Bring:	BYO drinks (and bring your own wine glasses if you dislike throw away plastic ones or paper cups)



1hr 58min - Comedy/Drama - English

Director: John Madden - Cast: Bill Nighy, Maggie Smith, Judi Dench, Tom Wilkinson, Dev Patel, Penelope Wilton, Celia Imrie, Russell Balogh, Liza Tarbuck, Lillete Dubey

A group of British retirees decide to "outsource" their retirement to less expensive and seemingly exotic India. Enticed by advertisements for the newly restored Marigold Hotel and bolstered with visions of a life of leisure, they arrive to find the palace a shell of its former self.

Though the new environment is less luxurious than imagined, they are forever transformed by their shared experiences, discovering that life and love can begin again when you let go of the past

## RAP HOUSE WORKING BEES

FRIDAY



Alan spent Friday at the RAP House painting the Board room and uncovering "hidden things" – like a backdoor hole to the Hot water cylinder



He also removed all posters & notice boards and patched the holes prior to painting (no, the wall hasn't got an attack of the measles)



Chairs, tables and misc items all shifted to a newly painted room to allow work to progress elsewhere

## SATURDAY

Alan having painted the offices and boardroom during the week we were left with the corridors, waiting and reception areas to paint. These areas had multiple doors, windows, stray openings, power points and light fittings that needed edging with paint.

Phyllis sent her sister Lois and Lois along with Linda and Noel worked their way around these cutting in with small brushes. Alan helped with this then put the first coat of paint on ceilings and walls. (I got in everyone's way, cleaned a few windows, talked a lot, cleaned a few things like light switches and bits of the observable floor, made coffee and took photos).

### EXTERIOR

It is traditional that once the painters have been only then it is time to inspect for building damage. Lyn and Sam (two of Kerry's workers) were "volunteered" into installing new metal vents in the walls for under floor ventilation. It was whilst doing so that they found some timber damage:



Alan and Linda checking out what the boys found



The rotten timber. The boys replaced this timber then covered it all up with fibrolite.



Friday saw the painter finish the exterior. Last job of the day was to paint the leading edge of the back steps on the south side with a very glossy paint. It looked great!

Unfortunately... on Friday night there was an almighty storm with torrential rain. By morning the steps had a "water blasted" look.



BEFORE: Waiting and reception area





Noel and Lois



SUNDAY



Sheena risking life and limb up a ladder



Caza keeping an elderly eye on progress



Alan painting the ceilings



Linda and Craiger discussing toilet and kitchen alterations



Noel painting and fixing up the hole in the wall





Noel, "I keep seeing flashes of light!" (and then he spotted the camera)



Relaxing in the freshly painted Board room over morning tea



Alan and Linda hard at work with desk reassembly



My efforts for the day. Vacuuming carpets, collecting and cleaning the pictures and general sorting and cleaning ready for the workers to arrive back on Monday.



The middle office ready for workers



Last task of the day – put the furniture back in reception



A freshly painted waiting room



Noel trying it out

## TO FINISH

The interior painting is now finished with the exception of the toilet and kitchen as both these rooms need some "rearrangement" prior to painting. Craiger is looking into this.

## AND A FOLLOW UP

After an active day at a Rotary working bee dressed in battered jeans, an old tee shirt and hair in need of washing I settled down for the evening in front of the fire with a good book. 54 pages in what do I find?

"Brooks rose from his chair with a professionally amiable smile and the fluid grace of an ex-athlete still in his early forties and only now running to fat. The carefully trimmed gray Afro, slight double chin and liquid eyes made him look, at first glance, like the slicker black version of a pleasant Rotarian."

How many Rotarians do you know who match this description?

## MAKE UPS

Rotary has always encouraged regular attendance at Rotary meetings but all of us have the odd night we can't attend for one reason or another. If you can't make a meeting – have you ever thought of a Make Up? Doing one can be hugely rewarding for both you and, by bringing in outside ideas, our Club.

The Rotary Rule Book says the following:

**Make-ups.** You may give attendance credit to a member who misses a club meeting if, within 14 days before or after the missed meeting, the member meets one of the following conditions:

<NOTE: the ones in bold are the most likely ones for our members>:

- **Attends at least 60 percent of the regular meeting of another Rotary club or a provisional Rotary club**
- Is present at the usual time and place of another club's regular meeting and that club is not meeting
- Is serving on Rotary business as an RI committee officer or member, a Rotary Foundation trustee, or district governor's special representative in the formation of a new club, or in the employ of Rotary International
  - o Attends or travels with reasonable directness to or from any of the following meetings
  - o RI Convention
  - o Council on Legislation
  - o International Assembly



- Rotary institute
- RI committee meeting
- Any meeting held by direction/approval of RI Board of Directors
- Multizone conference
- **District conference**
- District assembly
- **Any district committee meeting held by direction of district governor or RI Board of Directors**
- Regularly announced intercity meeting of Rotary clubs
  
- **Participates directly and actively in a service project sponsored by the district, RI, or The Rotary Foundation in a remote area where a make-up opportunity isn't possible**
  
- **Attends a regular meeting of any of the following: Rotaract club, Interact club, Rotary Community Corps, a provisional Rotaract or Interact club or Rotary Community Corps or a meeting of a Rotary Fellowship**
  
- **Attends and participates in a club service project or club-sponsored community event or meeting authorized by the board**
  
- **Attends a board meeting or, if authorized by the board, a meeting of a service committee to which the member is assigned**
  
- **Participates through a club Web site in a in an interactive activity requiring an average of 30 minutes of participation**  
*<anyone interested in an e-club meeting? <http://www.rotaryclubone.org/>>*

## ROTARY FRIENDSHIP EXCHANGE

Sheena is off for a few weeks holiday and in this time will be doing a Rotary Friendship Exchange in the UK. She has promised a full update on this trip when she returns (and we look forward to emailed updates on the Rotary meetings she attends, with photos, whilst she is away)

## SCOUTS

Last week I included an article on Scouts & Guides and mentioned our alliance with the Guides over the last few years. I forgot to mention our alliance with the Scouts.

For a number of years the Massey Scouts have helped out at the Soapbox Derby with traffic control and collecting money for rides on activities like bouncy castles. For this help we gave them a donation.

Last year Council insisted on adults for traffic control – although we did get them to agree on Year 13 students from Massey High with parental help – and looked at alternative activities to expensive bouncy castles. The Whenuapai Air Scouts asked to be involved and ran some alternative activities for us. They kept the profit from this.

And of course, Riverhead Scouts once again ran their own Soapbox Derby car. They found their own sponsors for us and we returned 10% of this sponsorship to them.

## GUIDE HALLS UPDATE

Alan acquired keys to two of the halls and has started some minor maintenance – replacing hard to reach light bulbs, fixing a sink so it doesn't leak, un-sticking a couple of doors...

Whilst he was in one of the halls a man from Council turned up to check the swings in the adjacent Council owned playground – and noticed the hall door was open. He stuck his head in to check all was well and indicated that, if asked nicely, the Council may be able to help with exterior painting.

Jen has now returned to school for 6 weeks full time relief teaching so her life is a little full. More on the halls later...

## DISTRICT NEWS

### ROTARY NEWSLETTERS

We receive a few of these every month for all sorts of Rotary programs. Rather than forward large files to our members who suffer from dial-up internet I put links in the bulletin and print a file copy. This copy is available at all meetings (that bound thing in the middle of a table at our meetings!)

### DISTRICT GOVERNOR'S NEWSLETTER

The August edition is now on line at <http://www.rotary.org.nz/newsletter.cfm?District=10>

### ROTARY FOUNDATION NEWSLETTER

The August Rotary Foundation newsletter is on our website:

<http://www.rotarywaitakere.org.nz/news/rotary-news>

### LITERACY COMMITTEE

#### **ROTARY DISTRICT 9910 LITERACY COMMITTEE NEWSLETTER TO CLUBS No 1 2012**

Following each meeting the Literacy Committee will send to Presidents and Secretaries an update of the activities of the District Literacy Committee to keep Clubs informed.

#### **Vanuatu Literacy Project:**

The Vanuatu Education Department has supplied as follows

- 213 English speaking schools with 365 books and 3 teacher's guides,
- 145 Francophone schools with 145 books and 3 teacher's guides.

Please note 1 English book costs \$4.50 whereas the same book in French costs \$15-00.

The Education Department has also provided the training for local teachers in the use of these new reading curriculum books.

The NEED now is to supply the Francophone schools with more Reading Curriculum books. This has meant the Literacy Committee with the approval of the District Management Meeting will now focus on providing Reading Curriculum books for the Francophone schools. This will be the focus of the Matching Grant.

Thank you to the following Clubs for their contribution to this project – Kerikeri, Maungaturoto, Westhaven, Takapuna North, North Harbour, Henderson, Northcote, Waitakere, Warkworth, Whangarei South, Whangarei City, East Coast Bays, Hillsborough Lynfield Mt Roskill.

We have also received funds from Bundaberg Club Australia and the Auckland Reading Association. The total is now \$6660-00. It's not too late, your Club can still participate in this matching grant project.

**Literacy Committee Club Liaison Members:** The following are the committee members available to assist your club.

- John and Helen Toms – Kaitia, Kaikohe, Kerikeri, Waipapa, Bay of Islands.
- Murray Neighbour – Dargaville, Maungaturoto, Whangarei, Whangarei Sunrise, Whangarei City, Whangarei South.
- Grant Smith – Albany, Warkworth, Orewa, Whangaparaoa,
- Bob and Judy Baird – East Coast Bays, Browns Bay, Devonport,
- Charles and Pauline Wilson – Milford, North Shore Korean, Takapuna North,
- Geoff Chamberlain – Birkenhead, Takapuna,
- Jerry Norman – North Harbour,
- Carol Ardern – Westhaven, Northcote,
- **Sheena Spittles – Kumeu, New Lynn, Waitakere,**
- Pene Burrige – Henderson, Western Springs, Hillsborough Lynfield Mt Roskill,
- Sarah Smith – Epsom, Onehunga One Tree Hill.

Contact details for all of the above are on Page 94 of the District Directory. Please don't hesitate to contact them.

**Dictionaries:** These are available at \$9-00 from Bronwyn Ellison – [bronwyn@otsl.co.nz](mailto:bronwyn@otsl.co.nz). It is good to time your donation of dictionaries to schools at the beginning of term 1 each year for Year 4 students.

**Storylines** – Free family Day: Check your local paper for these events at your local Library.

### **LIBRARY PROGRAMME – Dare to Explore**

Support for Auckland Libraries Dare to Explore programme for children aged 5 – 13 across the Auckland region, was discussed at the committee meeting 28<sup>th</sup> July 2012. The objectives of this children's programme cover elements of building library relationships, improving literacy and encouraging a love of reading. The programme aims to retain and grow children's membership of the library as a way to measure achievement of these objectives.

While children are extremely heavy library users, only about 25% have an active library card (used in the last 2 years) Much of the borrowing of children's material is undertaken on a parent's or caregiver's card. A personal library card is often the first official document a child owns and it represents the recognition of a child as an individual in our democratic society. During the next year Auckland Libraries aims to have 50% of children in the city to use their own active library card. The next target is for each of the 400,000 children in Auckland to have a library card.

To help reach this goal Auckland Libraries is seeking a partnership with the Auckland clubs of Rotary Districts 9910 and 9920 and sponsorship support of \$20,000 in order to be able to provide this signature programme at the best possible level.

The 9910 Literacy Committee discussed this proposal at its 28<sup>th</sup> July meeting and gave its full support to the programme, and nominated Geoff Chamberlain and Pene Burridge as the contacts for the project. Members said they would begin to explore what funds are available through various trusts. Also there are 23 Auckland based clubs in 9910, which at \$500 per club would raise \$10,000, half the money required.

Libraries are obviously passionate advocates of literacy and regard Rotary as being an ideal partner in promoting this vital skill, and see this sponsorship having the potential to grow and develop into a major literacy programme.

There are 55 libraries spread from one end of the city to the other. Apart from managing programmes for children, libraries are keen to provide speakers for Rotary meetings and to host vocational visits in libraries.

The existing relationships between individual libraries and schools in their catchments is another area the literacy committee meeting agreed it would be keen to help foster. This could be facilitated by committee member and North Harbour club member Jerry Norman through the Ministry of Education. Such an allocation may give Rotary clubs good school contacts via libraries.

Contact:

Geoff Chamberlain Home 09 445 3426  
Mobile 0274 807 964  
Email [geoff@chamberlainz.com](mailto:geoff@chamberlainz.com)  
Pene Burridge Email [penekeay@xtra.co.nz](mailto:penekeay@xtra.co.nz)

The full list of programmes and support available in District 9910 is on pages 94 / 95 of the District Directory.

Murray Neighbour

District 9910 Literacy Committee Chairperson.

## MEMBERS NEWS

PAST MEMBER 24/6/1998 TO 30/6/2003

# Koenraad KUIPER

## Obituary

KUIPER, Koenraad. On 25th July 2012 at Ons Dorp Care Centre, Henderson, after a short illness, aged 96 years. Dearly loved husband of Celine (Lineke) , much loved father of Kon, Johannes, Kit and Wolter. Stepfather of Else, Saskia and Frits and their families. Rest in Peace. A funeral service for Koen will be held at 12:30 pm on Monday 30 July 2012 in the Main Chapel of the Morrison Funeral Home, 220 Universal Drive, Henderson. In Lieu of flowers donations would be appreciated to the SPCA, P O Box 43221, Mangere, Auckland 2153 . Special thanks to staff at Ons Dorp for their loving care of Koen. All communications to the Kuiper family c/- of the above funeral home.

## KERRY'S TRIP

The emails have stopped but his kids are forwarding Jen's texts to Alan.

The latest news is their motor home has come to a grinding halt. They are now travelling in a hire car, a 2012 Chevy... and a tent.

## KIDNEY KIDS



### BOARD MEMBERS

David Penny - Chairman  
Sir Peter Leitch BEM, QSM - Trustee  
Dale Gurney - Trustee  
Jodie Leitch - Trustee

David Roberts - Trustee  
Matthew Gray - Trustee  
David Jones - Trustee

Rotary Club of Waitakere  
PO Box 104-017  
Lincoln North  
Auckland 0654

09 August 2012

To whom it may concern

On behalf of the Mad Butcher and Suburban Newspapers Community Trust I would like to thank your club for the \$500 donation in support of Project Kidney.



It is of such importance to have strong local support for the projects we undertake within the Trust.

Please pass on both myself and Sir Peter Leitch's appreciation to everyone involved.

Regards

David Penny  
Chairman: The Mad Butcher and Suburban Newspapers Community Trust

Private Bag 92815 Penrose, Auckland, New Zealand  
Ph (09)525-0666, Fax (09)580-1646

<b>PARTING THOUGHT</b>		Jack: "Oh wad some power the giftie gie us To see oursel's as others see us! It wad frae monie a blunder free us, And foolish notion"	
<b>RAFFLE WINNER</b>	<b>STATISTICS</b>	<b>RAFFLE</b>	<b>FINES</b>
Phyllis	H, T, H, T, H, H	\$33	\$48
<b>APOLOGIES:</b>			
<a href="mailto:apology@details.co.nz">apology@details.co.nz</a> or ph 8109 589 no later than <b>5pm on the Monday</b> prior to the meeting. Late Apologies and No shows will, of course, be charged for their meal as it has been booked and paid for!			
<b>BOARD MEMBERS</b>		<b>ATTENDANCE</b>	
President	Heather Pattison	Present:	Mike A, Jim A, Phyllis A, Bob B, David B, Roger F, Derek G, Patrick H, Mark M, Graham N, Alan P, Heather P, Jack R, John R, Sheena S,
Vice President	Derek Gee	Apologies:	Linda C, Craiger H, Terry H, Kerry M,
Secretary	Sheena Spittles	Missing in Action:	Peter S,
Treasurer	Alan Pattison	Make ups:	Linda C (RAP House working bee),
Club Service Director	Bob Benzie	Guests:	Gabriel, Matt Harper, Joy Thompson, Jules Moore <speaker>
Community Director	Phyllis Anscombe	Leave:	Monique M, Domenic W
International Director	Craiger Hargesheimer	Attendance:	15/22 68%
Vocational Director	John Riddell		
Youth Director	Patrick Howard		
Sergeant	John Riddell		
<b>NEXT WEEK'S MEETING DUTIES</b>		<b>WEBSITE ADDRESSES</b>	
Squire		Waitakere Rotary <a href="http://www.rotarywaitakere.org.nz/">http://www.rotarywaitakere.org.nz/</a>	
Squire		Rotary International <a href="http://www.rotary.org/">http://www.rotary.org/</a>	
Greeter		Rotary NZ <a href="http://www.rotary.org.nz">http://www.rotary.org.nz</a>	
Grace		District Governor's newsletter <a href="http://www.rotarysouthpacific.org/newsletter.cfm?District=10">http://www.rotarysouthpacific.org/newsletter.cfm?District=10</a>	
Introduction		Rotary Downunder Magazine <a href="http://www.rotarydownunder.com.au">www.rotarydownunder.com.au</a>	
Thanks		Rotary NZ Promotions and Information <a href="http://www.rotary.org.nz/information.cfm?ID=1364">www.rotary.org.nz/information.cfm?ID=1364</a>	
Parting Thought		Admin page and information <a href="http://www.rotary.org.nz/information.cfm?ID=180">http://www.rotary.org.nz/information.cfm?ID=180</a>	
Dealer		Future Vision <a href="http://www.rotary.org/future_vision">www.rotary.org/future_vision</a>	
Joker		Rotary E Club (for make ups) <a href="http://www.rotaryclubone.org/">http://www.rotaryclubone.org/</a>	
Joker		Dare West <a href="http://darewest.org.nz/">http://darewest.org.nz/</a>	
			
<b>COUSIN GEORGE:</b>			
 <b>Don't be upset that rosebushes have thorns; rejoice that thorn bushes have roses.</b>			
<b>BULLETIN &amp; WEBSITE EDITOR</b>		<b>PROGRAMME COORDINATOR</b>	
Heather Pattison: <a href="mailto:rotarywaitak@rotarywaitakere.org.nz">rotarywaitak@rotarywaitakere.org.nz</a> or phone (09)810 9589		Linda Cooper	